



# BULLYING IN THE KNOW

## WHAT WE KNOW ABOUT BULLYING & SUICIDE

As school administrators, teachers, and school staff are in daily contact with young people, you are uniquely affected by these events and feel enormous pressure to help prevent them in the future. The Center for Injury Prevention and Control has developed 'The Relationship Between Bullying and Suicide' to provide concrete, action-oriented information based on the latest science to help you improve your schools' understanding of and ability to prevent and respond to the problem of bullying and suicide related behaviour.

### What We Know about Bullying *and* Suicide Together

- We know that bullying behaviour and suicide-related behaviour are closely related. This means youth who report any involvement with bullying behaviour are more likely to report high levels of suicide-related behaviour than youth who do not report any involvement with bullying behaviour.
- We know enough about the relationship between bullying and suicide-related behaviour to make evidence-based recommendations to improve prevention efforts.

### What We DON'T Know about Bullying and Suicide

- We don't know if bullying directly causes suicide-related behaviour. We know that most youth who are involved with bullying do NOT engage in suicide-related behaviour. It is correct to say that involvement in bullying, along with other risk factors, increases the chance that a young person will engage in suicide-related behaviours.

*Excerpt from 'The Relationship Between Bullying and Suicide: What We Know and What it Means for Schools' by the National Center for Injury Prevention and Control, USA*

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